



## Information to Know

- Play it Safe!™ is an age appropriate interactive personal safety program, which addresses physical and sexual abuse. Students learn to recognize, react to and report potentially abusive situations.
- For everyone's benefit, we **ask that the teacher remain in the room** during the presentation.
- Students are taught a safety rule that we ask you to reinforce, which is to Say No, Get Away, and to Tell a Trusted Adult. Students help identify trusted adults such as mom, dad, teacher, counselor, el abuelo, nurse, rabbi, etc.
- Our program is approximately one hour and includes a 10-20 minute DVD movie. Prior to your scheduled presentation date, please test the audio/visual system you provide, to ensure that it is in working order. This can be a computer/laptop with a DVD slot & projector system, or a TV with DVD player.
- Based on statistics from the Center for Disease Control, 1 of every 4 girls and 1 of every 6 boys are sexually abused by the age of eighteen. Sometimes during or following a presentation, a student will disclose past or current abuse to us or to a teacher. We are mandated reporters just like you, however we are not investigative. Please follow legal and school protocol if a child does disclose to you.
- Several concepts are reinforced throughout the program. First, most children only experience safe touches and most people would never touch a child in an unsafe or confusing way. Second, it is essential that children tell an adult if they are unsure of a situation, or if they have been abused in some manner. It is sometimes necessary to tell more than one adult to get the help that is needed. Finally, it is emphasized that the abuse is never the child's fault.

The goal of the program is to help children recognize potentially dangerous situations. They are provided with the skills to assert themselves, if the situation allows. The Women's Center is a family resource for those affected by trauma and offers free counseling to children, women and men.

Please let us or your school counselor know if you have any questions, we would love to talk to you! (817) 927-4039.